

Australian

Kookaburra Kids
Foundation

CONNECT

SESSIONS ONLINE

FOSTERING GROWTH

STRENGTHENING BONDS

Welcome to the Kookaburra Kids Connect online program—an opportunity for young people to come together, no matter where they are, and create lasting connections in a safe and fun environment.

Our Connect program is carefully crafted by our clinical team, with a focus on:

- Strengthening bonds between peers in similar situations.
- Cultivating safe and positive help-seeking behaviors.
- Enhancing a sense of belonging and connectedness.



Young people can join us for weekly interactive sessions designed to incorporate fun and learning, different from typical school online environments. The sessions are "hosted" by AKKF staff and volunteers, ensuring a supportive atmosphere where young people can express themselves freely.

Don't miss out on the opportunity to be part of this enriching experience. Join our free online Connect program and embark on a journey of growth, camaraderie, and self-expression.

For more information or to register, visit our website:

www.kookaburrakids.org.au/our-programs/kookaburra-kids-connect/

**EMPOWERING YOUNG PEOPLE TO THRIVE
BEYOND THE IMPACTS OF FAMILY
MENTAL ILLNESS.**

